

Little Flippers Program

Our Little Flippers Program is designed for children ages 18 mo-5 yrs. Gymnastics is a great foundation for life and children, even during these early years, can begin to develop their strength, flexibility and motor skills. Our classes are designed to be fun while the children are learning both physical and social skills. Schedule a FREE Trial Class online on our website through the parent portal.

♦ **Parent/Child Classes Ages 18 mo. – 3 years**

Wednesday 11:15 am-12:00pm

Saturday 9:15-10:00 am

♦ **Little Flippers Coed Ages 3-5**

Monday 3:30-4:30pm

Monday 4:30-5:30 pm

Monday 5:30-6:30pm

Tuesday 4:00-5:00pm

Tuesday 5:00-6:00pm

Wednesday 10:00-11:00 am

Wednesday 3:30-4:30 pm

Thursday 4:00-5:00 pm

Friday 9:00—10:00 am

Friday 11:00 am-12:00 pm

Friday 4:00-5:00 pm

Saturday 9:00-10:00 am

Saturday 12:00-1:00 pm

♦ **Little Flippers Girls Only Ages 3-5**

Wednesday 4:30-5:30

Saturday 10:00-11:00 am

Saturday 11:00am-12:00 pm

♦ **Little Flippers Boys Only Ages 3-5**

Wednesday 4:30-5:30 pm

Class Fees

Monthly Rate for 1 Class/Week

3/4 Hour \$55.00

55 Minutes \$70.00

Multi-Class Discount: A multi-class discount of 10% will be applied to each additional class you enroll in.

Early Bird Program: As an early bird participant, receive a 5% off your regular tuition by paying by the 15th of each month. Applied per student.

Sibling Discount: Tuition discounts for immediate family as follows (applies to siblings only): 2nd child 10% discount each additional child 20% discount.

Annual Registration Fee:

\$40.00/Child

Late Fees

Payments received on or after the 1st of the month will be assessed a \$10 late fee.

Developmental Programs

Our Girls and Boys Developmental programs are designed for school age children of all abilities. Our classes are structured according to USAG Levels 1-10 skills. We incorporate the necessary training in skills, strength and flexibility for our students to develop into the competitive levels of gymnastics. Gymnastics training is an excellent base training for other sports as well. The best way to see what this sport has to offer is to schedule a FREE trial class today on our website through the parent portal. Set up your parent portal and then select "Trial" as the enrollment type on the day and time that works best for you. The parent portal is located on the upper right side of our home page at SouthwestGymnastics.com.

Girls Developmental Program

♦ **Level 1 Girls Ages 6-8**

Monday 3:30-4:30 pm

Tuesday 4:00-5:00 pm

Wednesday 4:30-5:30 pm

Saturday 10:00-11:00 am

♦ **Level 1 Girls Ages 6-14**

Monday 5:30-6:30 pm

Tuesday 5:00-6:00 pm

Wednesday 5:30-6:30 pm

Friday 5:00-6:00 pm

Saturday 11:00 am-12:00 pm

♦ **Level 1 Girls Ages 9-14**

Monday 4:30-5:30 pm

Thursday 5:00-6:00 pm

Saturday 9:00-10:00 am

Girls Pre-Team Program

♦ **Girls Hot Shots Level 1***

Tuesday & Thursday 3:30-4:30* pm

♦ **Level 2/3 Girls Ages 6+ ***

This is a combined Level 2/3 class. Level 2 is 1 1/2 hours and Level 3 is 2 hours.

Level 2*

Monday 4:30-6:00 pm

Wednesday 4:30-6:00 pm

Friday 4:30-6:00 pm

Saturday 10:00-11:30 am

Level 3*

Monday 4:30-6:30 pm

Wednesday 4:30-6:30 pm

Friday 4:30-6:30 pm

Saturday 10:00 am-12:00 pm

***Placement by coach's assessment only.**

Boys Developmental Program

♦ **Level 1-2 Boys Ages 6-12**

Monday 4:30-5:30 pm

Tuesday 4:30-5:30 pm

Wednesday 4:30-5:30 pm

Thursday 4:30-5:30 pm

Saturday 11:00-12:00 pm

♦ **Level 3 Boys**

Monday & Wednesday 4:00-5:30 pm

Tumbling Coed Ages 6+

Southwest's Tumbling classes are designed for students interested in developing their tumbling skills. These classes utilize our tumble tramp, in-ground trampoline and spring floor to develop tumbling skills. Call today to schedule your FREE Trial Class!

♦ **Beginning Ages 6-14**

Tuesday 6:00-7:00 pm

Saturday 11:00-12:00 pm

♦ **Intermediate/Advanced***

Tuesday 7:00-8:30 pm

Saturday 10:30 am-12 pm

Preschool OPEN GYM

Wednesdays 12:00-1:00 pm

Fridays 10:00-11:00 am

Ages 2-5

Non-Members.....\$6

Members.....\$4

Developmental OPEN GYM

Fridays 7:00-9:00 pm

Saturdays 12:00-2:00 pm

Ages 6-17

Non-Members.....\$10

Members.....\$8

Boys & Girls Team Members.....\$5

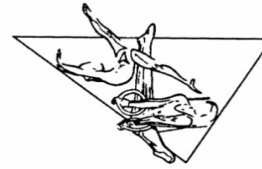
All Participants must have waiver on file.

Boys & Girls Competitive Teams *

We offer competitive team classes for boys and girls levels 4-10. Placement in these classes is based on coach's assessment as well as the guidelines set forth by USA Gymnastics.
Placement by coaches assessment only

Rev. 12/16/2019

About Southwest Gymnastics



Southwest Gymnastics Training Center, Inc.
4930 South Ash Avenue Suite 105
Tempe, Arizona 85282
Email: Staff@FunToFlip.com

- ◆ Southwest Gymnastics offers boys and girls recreational through competitive team gymnastics instruction for children ranging in age from 18 months to 18 years. We offer a **FREE TRIAL CLASS** to all new students.
- ◆ We also offer Tumbling and Trampoline, Birthday Parties, Summer Camps, and Parents' Night Out.
- ◆ Our 10,500 square foot facility is fully equipped with complete apparatus for both boys & girls gymnastics and includes a floor level trampoline, 40 foot tumble trampoline, in-ground training pit, climbing rope and much more.
- ◆ Our energetic and enthusiastic staff members are safety certified and are professional members of USA Gymnastics.
- ◆ We believe gymnastics is the best overall sport to develop a child's self esteem, coordination, and self discipline!
- ◆ USA Gymnastics Member Club!

Contact Info & Front Office Hours

Monday – Friday 3:30 pm – 6:30 pm

Saturday 9:00 am – Noon

Phone : 480.730.8911

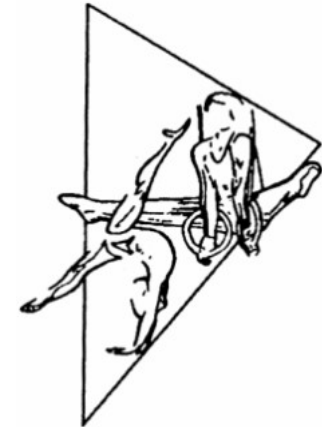
Email: Staff@FunToFlip.com

Web page: www.FunToFlip.com

SOUTHWEST GYMNASTICS
TRAINING CENTER

480.730.8911

www.FunToFlip.com



Class Schedule

Schedule subject to change. See front office for availability.

***The Ultimate Sport
for Children!***

**Voted
Best in Tempe
for gymnastics instruction!**



North of Baseline & West of Mill
4930 South Ash Ave., Suite 105
Tempe, Arizona 85282

